

So you don't have to do the songs or rhymes

or activities that we've shown you on the videos on this web page.

You could choose to make up your own activity using things that you have at home

or actions on your child's body.

Or you could adapt a song or rhyme

that you already know.

I remember doing that

with wheels on the bus.

And it kind of made it into a little bit

of a massage activity.

Do you want me to show you? Yeah.

Are you happy for me to do it on your body?

Sure.

Let's try. Yup.

Okay, so I'm going to say it's time

I'm going to say hello first.

Hello Heena.

Hello.

And it's time for wheels on the bus.

The wheels on the bus

go round and round, round and round, round

and round,

the wheels on the bus,

go round and round

all day long.

The wipers on the bus

go swish swish swish swish

swish swish swish swish swish,
the wipers on the bus
go swish swish swish all day long.

More?

The horn on the bus goes
beep beep beep
beep beep beep beep beep beep,
the horn on the bus goes beep beep beep
all day long.

Beep beep beep beep beep.

Wheels on the bus has
finished.

We could also make up something
in a home language.

So we've been talking about how
you can make things up with things
that you have at home,
and I've been thinking
about what we can do with the scarf.
So if I was playing with some children,
sometimes I might waft it.
So you can feel the wind in my face.
Around my body.
Might wrap them up in it.
So they can feel cozy.
Or sometimes
we might do something like peekaboo,

hiding and pulling and seeing

if they can pull it off their faces.

We've been making up,

it's kind of a little story in Gujarati,

using the scarf about a windy day.

And then the wind dies down

and it's night time,

and then it's morning.

Shall we try that one? Yeah, let's

have a go.

I'm going to be the child.

Okay.