

## Special Educational Needs and Disability Support Service

### Children's Speech and Language Therapy Service

## Body Rhymes

### Now it's time for Body Rhymes



**Optional:** For sessions with 2 or more Body Rhymes activities.  
Use a familiar cue to start the session. This is one example.  
There is an alternative "Hello" song video and handout.

Watch or listen to an example.  
Scan QR code on a smartphone or click link.



SCAN ME

[bit.ly/LPTBodyRhymes](https://bit.ly/LPTBodyRhymes)

Say: **"Time for Body Rhymes"**

Sing or say: **Now it's time for Body Rhymes  
Body Rhymes, Body Rhymes  
Now it's time for Body Rhymes  
1....2....3!**

Say: **"Hello! Time for Body Rhymes"**

**Do:**

- Sing the song
- If your child accepts tactile or body signing, do the "hello" sign.
- Show your child a box or bag with things you will use in your session, or help your child feel an object they like for a Body Rhymes activity.

**Notice:**

- Your child's reactions.
- Is your child alert, comfortable and ready to play?
- Are they paying attention to or interested in the Body Rhymes things?