



## Special Educational Needs and Disability Support Service

### Children's Speech and Language Therapy Service

## Body Rhymes – Elephants have Wrinkles

<p><b>You need</b> something long that vibrates, such as a vibrating snake</p>		<p>Watch or listen to an example. Scan QR code on a smartphone or click link.</p>	 SCAN ME <a href="https://bit.ly/LPTBodyRhymes">bit.ly/LPTBodyRhymes</a>
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Say: **“Elephants”**

Say or sing: **Elephants have wrinkles, wrinkles, wrinkles**

**Elephants have wrinkles, wrinkles everywhere**

**On their legs (arms/ tummy)** (choose a body part)

**On their legs (arms/ tummy)**

**Wrinkles everywhere**

*“Elephants have Wrinkles”, Words and Music by April Kassirer*

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**Do:**

1. Hold the vibrating snake at eye level and turn on vibration. Give your child time to listen. First let them feel the vibration through your hand or their chair, then on their arm or leg. Stop if you think they don't like it.
2. Sing the rhyme as you move the vibration around your child's body. Try slow or fast to find out what your child likes.
3. Name a body part such as “legs” or “tummy”. You can choose, notice which body part your child is moving, or what they like.
4. At the end of the rhyme, give your child extra time to explore the vibrating snake if they want to.
5. Count down: “3-2-1 stop”. Say “Elephants has finished”. Use tactile/ on-body sign if your child accepts it.
6. Pause to see if your child notices that vibration has stopped.
7. Ask “more?” Use tactile/ on-body sign if your child accepts it.
8. Repeat 3-4 times or stop if your child doesn't like it. If they get very excited, do a calm activity next.

**Notice:**

- Does your child react when vibration starts or stops?
- Do they anticipate vibration starting again or show they want “more”?
- Does your child show they like or don't like vibration?