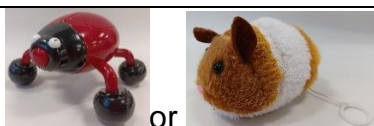



Special Educational Needs and Disability Support Service

Children's Speech and Language Therapy Service

Body Rhymes – Wiggles

<p>You need something that vibrates, such as a massager or pull cord mouse</p>		<p>Watch or listen to an example. Scan QR code on a smartphone or click link.</p>	 SCAN ME bit.ly/LPTBodyRhymes
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Say:

“Wiggle”

Say:

Wiggle here.....Wiggle there

Feel me wiggle everywhere

Ready, Steady, go!

Do:

1. Hold the toy or massager at eye level. Turn on vibration. Give your child time to listen. First let them feel the vibration through your hand or their chair, then on their arm or leg. Stop if you think they don't like it.
2. Say the rhyme as you move the massager or around your child's body. End in a place that they will feel comfortable with the vibration.
3. After “go” turn on vibration.
4. Give your child extra time to experience or explore vibration.
5. Count down: “3-2-1 stop”. Say “Wiggle has finished”. Use tactile/ on-body sign if your child accepts it.
6. Pause. Does your child notice that vibration has stopped?
7. Ask “more?” Use tactile/ on-body sign. Repeat 3-4 times or stop if your child doesn't like it. If they get very excited, do a calm activity next.

Notice:

- Does your child react when vibration starts or stops?
- Do they anticipate vibration starting again or show they want “more”?
- Does your child show they like or don't like vibration? Do they like it best on one part of their body?