






## Special Educational Needs and Disability Support Service

### Children's Speech and Language Therapy Service

## Body Rhymes – Hat song

<p><b>You need:</b> Something to put on your child's head. You will pretend this is a hat</p>	 or  	<p>Watch or listen to an example. Scan QR code on a smartphone or click link.</p>	  <a href="https://bit.ly/LPTBodyRhymes">bit.ly/LPTBodyRhymes</a>
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Say:

**“Hat song”**

Say or sing:

**Put this hat upon your head  
Put this hat upon your head  
Put this hat upon your head  
Or you might catch a cold  
Aaaah... Aaaah... Aaaah... choo!**

**Do:**

1. Hold the toy at eye level and make a sound, if possible, e.g. jingle bells. For children with vision impairment, gently stroke on their arm.
2. Sing as you move the toy slowly up your child's body to put on their head as you sing “catch a cold”.
3. Pause with the toy on your child's head. You can:  
Wait to see if your child can pull it off or move their head so it slides off.  
Or wait to see if your child notices it is there, then pull it off yourself.
4. Say “aaah” while the toy is on your child's head. Say “aaah choo” when it falls off their head.
5. Give your child extra time to explore the toy if they want to.
6. Say “Hat song has finished” and move the toy away.  
Use tactile/ on-body sign if your child accepts it.
7. Pause. Does your child notice that activity has stopped?
8. Ask “more Hat Song?” Use tactile/ on-body sign if your child accepts it.
9. Repeat 3-4 times or stop if your child doesn't like it.

**Notice:**

- Does your child react when the toy is on their head, or falling off?
- Does your child anticipate the activity starting again?